

HAVE A FINE NAVY THURSDAY

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2000 MS Walk

The 2000 Multiple Sclerosis Society walk will take place Saturday, May 13, in Collierville and Memphis. Registration begins at 7 a.m. and the walk begins at 8 a.m. The Memphis walk begins and ends in Poplar Plaza and the Collierville walk begins and ends in Powell Park. For more information on how to volunteer, contact Julie Brigrance, special events coordinator of the Mid-South Chapter of the NMSS, at (901) 755-4900.

'Sternwheel Drive' plays

Navy Band Mid-South's big band, "Sternwheel Drive," will perform for the Historical Main Street Arts Festival at the corner of Main and Patterson Street, Memphis, on Saturday, May 13, at 1 p.m.

Book Sale comes to Mid-South Fairgrounds

The Memphis/Shelby County Library is holding a huge book, video and record sale for bargain prices at the Charles Brakefield Youth Building, Mid-South Fairgrounds, June 8 and 11, in support of the Friends of the Library. A preview sale will be June 8, 5-8 p.m. Friends memberships will also be available at the door. Sales open to the public June 11, 10 a.m.-5 p.m. For more information about the sale or Friends of the Library, call 725-8852.

'Taste of Broadway' concerts

Dessert concerts will be held Friday, May 12, 7:30 p.m. at Good Shepherd Methodist Church, 6050 Summer Avenue; and Saturday, May 13, 7:30 p.m. at Decatur Trinity Christian Church, 2449 Alturia, featuring the Bartlett chorus singing music from "The King and I," "South Pacific," "Phantom of the Opera," and other Broadway hits. Tickets will be available at the door.

Memory Tree dedication

The Memphis District, U.S. Army Corps of Engineers will dedicate a Memory Tree at their Ensley Engineer Yard, 2915 Riverport Road, on May 25 at 10 a.m. The Memory Tree, a pin oak, was planted last year to honor the memory of Corps employees who died while still in active federal service. The ceremony is open to the public and will include music, a speaker and a formal dedication. Officials are trying to contact families of former employees who died while still employed by the Corps of Engineers. Family members are invited to contact Selena Hurst, 901-544-0883, or Jim Pogue, (901) 544-4109 to receive a formal invitation to the event.

American Legion Post 67 meets

The American Legion Post 67 will meet May 22, 7 p.m. in the Atoka City Hall. Fellowship begins at 6:30 p.m. All active duty military personnel and area veterans are invited. Guest speaker will be Michael P. Wardlaw, director, Navy Retired Affairs Program, Navy Personnel Command. For more information, contact Betty Talley, 874-4392, Bill Van Waes, 837-2768, or Leslie Billings, 837-2987.

On base

All invited to Navy Carnival Ball

Everyone is cordially invited to the Navy Carnival Ball on Saturday, June 3 at 6:30 p.m. at the Helmsman Club. Military dress will be dinner dress with white jacket (cover not required). Civilian dress is black tie. Ticket purchases for \$65 per person may be made from 8 a.m. to 4:30 p.m., Monday through Friday, at Leisure Services, NAVSUPACT Mid-South, building 797, or on credit card by calling 874-5507.

Branch Clinic closed

The Branch Medical Clinic will be closed May 18-19, 2000, except for urgent-care patients, to enable necessary repairs to be made to the ventilation/steam systems. For urgent and routine appointments, call 1-800-700-8607. The staff is sorry for any inconvenience this may cause.



Squeezably soft

Photo by Wayne Smith

Yeoman Third Class Ardenia Mason, young mom and an administrative assistant for PERS-01, enjoys a little snuggle time with her daughter, Summer, at the Navy Mid-South Child Development Center, where Summer is enrolled. Ardenia and Summer are probably demonstrating one of the best times in a Navy parent's busy schedule: seeing their child's face light up at the end of a long, fine Navy day.

Learn to boat: take the Coast Guard's power--PWC boating safely course

Learn to boat the right way—the safe way! Presented by the U.S. Coast Guard Auxiliary, this eight-hour course is presented several times throughout the year and is offered in a one-day format for boaters who find it difficult to schedule time for the longer Boating Skills and Seamanship Course.

This is a condensed but comprehensive boating course which is especially recommended for families and operators of PWC and small boats. Topics covered include:

- Boating laws
- Personal safety equipment
- Safe boat handling
- Navigational aids and rules of the road
- Boating problems
- Trailer, storing, and protecting your boat
- Hunting, fishing, and waterskiing safety
- River boating

This course meets the requirements of the new state boating education laws. It is an ideal course for the whole family. The location is the U.S. Coast Guard, at the east end of the Auction Avenue bridge to Mud Island, just north of the Pyramid and across from the marina at Harbor Town. Dates are Saturday, May 20 or June 10. Hours are 8 a.m.-5 p.m. A pre-registration and payment is required by the Monday preceding the course. Call (901) 683-6967 to register!

Homey atmosphere

Photos by Mickie Joe Gibson
Child Development Home Director

Everyone is invited to the program tomorrow at 5:30-7:30 p.m. at the Child Development Center, building 780, to celebrate National Provider Appreciation Day and the name change of in-home childcare providers to "Child Development Home." There will be a cookout with hamburgers, hot dogs, baked beans, chips, soda and cake. At 6 p.m., an awards program will be held. For more information, read this week's "Captain's Log" on page 2.



Captain Diane Lofink stops in for a visit with children in Angela Jimenez's home on board NAVSUPACT Mid-South. Ms. Jimenez is a Child Development Home provider through the local CDC.

MCPON worldwide all-hands session, beamed to Navy Mid-South, answer Sailors' questions

During the Naval Media Center's "Navy Live" all-hands call last week, MCPON Machinist's Mate Master Chief (SS/SW/AW) Jim Herdt is projected onto the screen at Pat Thompson Recreation Center. Members of Navy Personnel Command and others crowd the theater to hear what the MCPON and three fleet master chiefs have to say.



Wayne Smith photo

NWS

Virtually every Sailor has started a sentence with, "I wonder why the Navy...?" at least one time in their careers. Last week they got some questions answered.

Sailors around the world got the straight scoop on issues facing them and their families through the Naval Media Center's "Navy Live," in conjunction with LIFELines 2000 and Morale, Welfare and Recreation. Featured in a first-ever all-hands call aired around the world, Master Chief Petty Officer of the Navy Machinist's Mate Master Chief (SS/SW/AW) Jim Herdt answered Sailors' questions along with the help of the Navy's three fleet master chiefs, Atlantic Fleet's Machinist's Mate Master Chief (SS) Tom Hefty, Pacific Fleet's Yeoman Master Chief (SW/AW) Rod Rodriguez, and Naval Forces Europe's Machinist's Mate Master Chief (SW/AW) Bob Hallstein.

The meeting reached viewers through several outlets, including Direct-To-Sailor television, the LIFELines 2000 web site, numerous local cable access channels and video teleconference sites. Sailors got their questions answered via many means: they called in or faxed their questions during the show, or emailed questions before the show through the LIFELines 2000 web site. The master chiefs answered

(Continued on page 3. See MCPON...)

Commentary

Captain's log

"Caring for children takes no skill," you say? "Child care provider" is just a fancy name for "babysitter," you scoff? Nothing could be further from the truth!

The nurturing care of children and the development of their minds and social skills is possibly the single most important investment we can make in our future. I say "our future" because these children are the workforce, the leaders, the armed forces, and the parents of the future in less than 20 years. If we squander the opportunity that the early years of these children's lives offer in the way of fostering readiness for school, and in building verbal, social and manipulative skills, we have done them great harm and dealt our society a terrible setback.

Have you ever pondered the fact that our society grossly overpays our celebrities, yet does not adequately reward those who add the most quality and value to our daily lives? (Policemen and teachers come immediately to mind).

Likewise, I believe the profession of childcare provider is undervalued, both economically and in social status. Perhaps this is because the requirements placed on the childcare provider are not well understood. We sure know when things go wrong, though. We are horrified when a child is injured or dies, and call for daycare center closure and investigations into the incident. Yet if a child comes home every night without problems, do we think much about what that child did all day, what kind of attention and stimulation he/she received?

Approximately 62 percent of this nation's children under the age of six are in childcare at least part time. Many of these children don't have the verbal skills to tell you much about their day, and certainly cannot comment about what was lacking in the program they

were in. It goes without saying that parents want a safe environment for their children, but if ability to pay for quality care is an issue, it is not only safety, but actual child development that is sacrificed in order to keep the costs down.

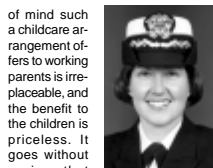
State regulations for childcare are currently an issue with the Tennessee legislature. The good news for Navy personnel is that military child care (both center-based care and Child Development Homes (formerly known as Family Child Care) is setting some of the highest standard in the industry.

Let's remedy this lack of appreciation for the child development provider. Here is but a sampling of what this professional provider must do in order to establish a child development business in the home:

She must complete 20 hours of initial training; undergo seven security checks, four inspections, and be approved by the base commander.

Orientation training covers, among many topics: CPR/First Aid; Safety/Fire Prevention; Child Growth and Development; Child Abuse and Neglect Prevention; Positive Guidance Techniques; Nutrition; Business Practices; Parent/Customer Service; Developmentally Appropriate Practices; Sanitation; Blood-Borne Pathogens; and curriculum/activity daily schedule planning.

The trained provider can apply the Navy's training toward receiving a Child Development Associates certification, which is recognized by the National Association for the Education of Young Children. Clearly, this person is not a "babysitter." This is a professional business person whose #1 goal is to provide the children entrusted to her care with valuable daily learning experiences in a safe and happy environment. The peace



Captain Diane L.H. Lofink

of mind such a childcare arrangement offers to working parents is irreplaceable, and the benefit to the children is priceless. It goes without saying that satisfied parents are more productive workers, too. Everyone wins!

You'll note I used a new name for our home-based care program: "Child Development Homes." This new name emphasizes the close alignment of home-based care to the highly respected image of Navy Child Development Centers. Program oversight and criteria for establishing and maintaining a home-based Child Development program is every bit as rigorous as that in place for our center-based care. We have been fortunate to almost double the number of CDHs in the past year, and encourage more interested individuals to inquire.

Tomorrow, May 12, from 5:30 to 7:30 p.m. at the Child Development Center, building S-780, Navy Mid-South will celebrate National Provider Appreciation Day. Festivities include a cookout and a special awards ceremony to recognize the Mid-South's very dedicated and talented CDH providers. The event is free of charge.

I highly encourage families, their children and all levels of Team Navy Mid-South leadership, all who benefit so greatly from the outstanding labors of these remarkable, caring professionals, to attend and show their appreciation for their contribution to our daily quality of life and, in a broader, but very real sense, to the future of our nation.

Chaplain's corner

Mothers' Day

By Chaplain Terrence J. Mulkerin, USNR

Next Sunday we will honor our mothers. Mothers' Day is about being a mother and about having a mother. It's about what it takes to be a mother and about what a mother gives to others. Mothers' Day is about bonds that exist before birth and about ties that endure beyond death and about attachments of individuals during all the time in between.

I have been struck by the thought that every marriage is actually several marriages. The first couple of years of marriage are a time of relative freedom from responsibility and a time of discovery. But life is different when a couple has children. It is no longer the relatively simple relationship of only two persons.

Life alters course again when all the children are in school. That gives both parents the possibility of pursuing work and careers of their own. Life varies again when the nest is empty. That's true especially when grandchildren offer new challenges to one's time and interest and energy.

During the course of a marriage, a mother is always the same. She is often the first one up in the morning and the last person to turn in at night. She can be counted on to do all the things that are noticed most in their absence: cooking and cleaning and sewing. She also has special moments of joy: watching a sleeping child, helping the child to take its first steps, soothing the pain of a wounded ego.

During the course of a marriage, a mother is also always different. She has new challenges that she had never even dreamt of. She may experience the joy of motherhood, the sorrow of death, the pain of watching others suffer—sometimes almost simultaneously. She may have to support others in their need. She may also have to allow others to support her in her moments of dejection.

The dynamics of being a mother are incredibly complex. So are the dynamics involved in having a mother.

The Judeo-Christian commandment "Honor your father and mother" is always the same and always different.

In earlier life it focuses on the obedience a child owes a parent. The injunction to a two-year-old not to touch a hot stove demands obedience. So does the warning to a six-year-old not to play with matches. So does the rule for a teenager to be home at a specific time. So does the prohibition of drinking and driving.

In each of those examples, a mother keeps in mind the developmental stage her child has reached. In each situation, a child freely obeys in accordance with their level of maturity and eventually grows out of the need to be told things by a parent.

As life goes on, "honoring" a mother or a father takes on another meaning as our parents need help and support and encouragement from us. It can be a divorce or separation. It may be a death in the family. It could be the loss of a job by becoming redundant or through retirement. It might be a stroke or a serious illness leading to a stay in the hospital or a nursing home. Sometimes those situations produce guilt in people's children.

Fortunately, mothers retain one special quality all through their lives: they are able to love their children unconditionally.

Life moves at an incredibly fast pace. Transitions from one stage of life to another come very quickly. We are part of each other's kaleidoscopic lives and are constantly interacting with each other. We are not careless or uncaring persons. We can't be faulted for not expecting the unexpected. We do sometimes have to pay more attention to expecting the unexpected—those statistically probable things that are likely to happen. When we do, it becomes easier to offer the encouragement and love and support through which we honor those who gave us our most precious gift: life itself.

Your TRICARE Benefits



Where can I fill a prescription medication?

By Dottie Plant
TRICARE Health Benefits Advisor
Branch Medical Clinic

If you are active duty, retired military or their family member, there are several ways to fill a prescription medication. Your medication may be available at a local military treatment facility pharmacy, through a local TRICARE network pharmacy, or through the National Mail-Order Pharmacy Program.

The local military pharmacy is located in the Navy Exchange at Naval Support Activity Mid-South. You may call 874-6121 or 6122 to verify if the medication you need is carried in the formulary. To fill a new medication you must have the original prescription and your military ID card.

There are several TRICARE network pharmacies in the local area. They are K-MART, Wal-Mart, Kroger's, Super D and Boatwrights. These pharmacies will charge you your applicable co-pay if you are under TRICARE Prime or your cost share if you are using TRICARE Extra

or Standard. They will also file your claim for you.

The National Mail-Order Pharmacy Plan is an excellent source for obtaining maintenance type medications that are taken on a regular basis. Merck-Medco is the contractor for this program. Your doctor should write a prescription for a 90 day supply of your medication. You will be responsible for a \$4 co-pay if you are an active duty family member or an \$8 co-pay if you are a military retiree or their family member. Active duty members can receive their medications through this program for no charge. Medications will be mailed to the patient within 7 to 10 days. For questions on this program you may call 1-800-903-4680.

The on-base health benefits advisors are located in the Branch Medical Clinic at 5722 Integrity Drive, Building S-771. You may contact them with any TRICARE questions or concerns at 874-6111, 6112/6107, or toll free by calling 1-877-209-8169. You may also contact them via e-mail at tricarebmc@mlh10.med.navy.mil.

Check the NEW Voting Assistance website

The Navy Voting Assistance website —<http://www.persnet.navy.mil/pers66/nvap/>—has links to a variety of other useful sites to assist you in making responsible voting decisions. The links include:

- *Federal Voting Assistance Program
- *Federal Voting Assistance Guide
- *Logistics (voting assistance supplies)

*Voting Information Newsletter for voting assistance officers and others

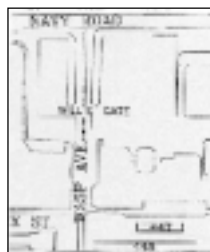
- *Project Vote Smart: Voter registration and election dates by state
- *Project Vote Smart: Candidates and elected officials (federal and state)
- *ELECTnet: Federal, state and national resources
- *Dates (Presidential and state primaries)

If you have any questions not answered by the website, please be sure to contact your local command VAO.

HOUSEHOLD HAZARDOUS WASTE/ AGRICULTURAL WASTE/PESTICIDE COLLECTION EVENT

MAY 13, 2000 8:30 a.m.-2:30 p.m.

LOCATION: East Parking Lot--
Willis Gate at Wasp Avenue
& Navy Road



WHAT TO BRING:
HOUSEHOLD WASTE
Wood/Metal Cleaners, Disinfectants, Drain Openers, Oil/Fuel Additives, Paints & Thinners, Herbicides, Pesticides, Batteries, Pool Chemicals, Oven Cleaners, etc.
(Up to 100 lbs. Per household accepted)

AGRICULTURAL WASTE
Agricultural Pesticides, Insecticides, Herbicides, Fungicides, Defoliants, Growth Retardants, etc.

FOR MORE
INFORMATION: CALL
387-5707 OR
EMAIL
SCEIC@BELLSOUTH.NET

Information Technology courses online at no cost to DoN personnel

In a continuing effort to provide easy access to training, the Chief of Navy Education and Training has announced the continued availability of Information Technology courses on the World Wide Web. More than 300 web-based courses are available at no cost to Department of the Navy personnel, including Navy and Marine Corps active and Reserve personnel and civilians.

Ships of five battle groups, USS John C. Stennis (CVN 74), USS Harry S. Truman (CVN 75), USS Theodore Roosevelt (CVN 71), USS Abraham Lincoln (CVN 72), and USS Dwight D. Eisenhower (CVN 69), in addition to 12 remote sites, have installed the entire set of courses on their internal computer network.

Distribution of the IT courses via CD-ROM is limited to ships and remote sites that are unable to access one of the following Internet sites.

Courses are available on-line covering beginning computer applications, including Word, PowerPoint, Access, Excel,

LAN/WAN administration, CISCO router and programming development courses in C, C++, JAVA and Visual Basic, to name a few.

The IT courses may be accessed at any of the following websites. All the sites, except CNET, can be accessed from home or work.

A. Commercial site: <http://usn.netg.com>; due to high usage of this site, faster service may be available at the East Coast Norfolk and SPAWAR sites.

B. East Coast Norfolk area: <http://dl.damneck.navy.mil>
C. West Coast SPAWAR site: <http://192.215.136.73>; this is a new URL address for the SPAWAR site.

D. Pensacola (CNET) site: <http://www.cbt.cnet.navy.mil>; this site is available to CNET commands only.

NAVADMIN 294/99 provides more information on courseware access and registration for the on-line courses. Information is also available under "Technologies" on the CNET website, www.cnet.navy.mil.

ASK THE XO: 874-7200

The Bluejacket

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Executive Officer Commander Gary H. Thompson
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NPC selects its best

Navy Personnel Command's 1999 Sailor of the Year and Sailors and Civilian of the Quarter for the first quarter of 2000 were honored during an awards ceremony at the Helm April 28. Rear Admiral James B. Hinkle (third from right), commander, Navy Personnel Command, presented the awards. From left to right: Personnelman First Class Lynn A. Harcarik, Enlisted Training and Administration of the Reserves monitor,

received the Navy and Marine Corps Commendation Medal for her selection as NPC's 1999 Sailor of the Year; Machinist's Mate First Class (Surface Warfare) Charles P. Farmer, Submarine Auxiliaryman E-5 and below detailer, received a Letter of Commendation as Sailor of the Quarter; Seaman Yeoman Marvin Lewis, records clerk, Administration and Operations Branch, received a Letter of Commendation as Bluejacket of the Quarter; Ronnette Coffman, bud-

get assistant, Claimancy Program, Budget and Executive Division, received a Certificate of Commendation for her selection as Civilian of the Quarter; and YN2 (SW) Stephen B. Graham, administrative assistant to the command master chief, received a Letter of Commendation for his selection as Junior Sailor of the Quarter.

Congratulations on a job well done to all of the selectees.

Navy-Marine Corps Relief Society Volunteer spotlight:

Pope is valuable asset to Thrift Shop

By Ann Norcross
Navy-Marine Corps Relief Society

Chief Aviation Boatwain's Mate Terrance L. Pope is one of several active duty personnel that volunteer for Navy-Marine Corps Relief Society Mid-South. Pope has volunteered over 215 hours with the Society for the last two years at the Thrift Shop, which is located in wing nine of building S-239.

Pope is one of a team of four chief petty officers who work in the shop on Monday, Tuesday or Thursday, 11 a.m.-1 p.m.

The chief is not a stranger to volunteering. Besides N-MCRS, he also volunteers for the Multiple Sclerosis Society Bike-a-Thon, organizing other volunteers to man the water stations along the bike route. Pope works with the Boy Scouts of America in the Arrow of Light ceremony.

Through Junior Achievement, he mentors and tutors young people in area schools. He also helps students participate in various sport activities. "Work-

ing with the youth is very rewarding," says Chief Pope. "I really like to help youth, especially ones from broken homes, make the right choices that will affect them for the rest of their lives. Helping people in need is what volunteering is all about."

Chief Pope, an 18-year naval veteran, is the NAVSUPACT Mid-South Family Service Center command financial specialist and a representative for the Drug and Alcohol Program.

Pope is from Chicago Ill., as is his wife, Denise. He has four brothers: (one, a Navy first class storekeeper stationed at Pensacola, Fla.), and two sisters. Pope enjoys music and sports.

Jim Robinson, N-MCRS Mid-South manager, says, "If it were not for active duty folks like Chief Pope, we would not be able to have the Thrift Shop open as often as it is. Chief Pope is loyal, dependable and faithful. Also, I know when he refers a client to me through his command financial specialist duties, the client has a good budget and has received good financial counseling from him. It is a real pleasure to have him on our team."



ABHC Terry Pope

Chief Pope invites other active duty personnel that want to get involved with a great organization--"one that helps its own"--to stop in. The Society is located in the Family Service Center (Bldg. N-763). Hours are 9 a.m.-3 p.m. Tuesday-Friday. Call 872-7266 or 874-7353.

QUALITY CORNER



NAVAL SUPPORT
ACTIVITY
MID-SOUTH
MILLINGTON,
TENNESSEE

The Quality Corner features individual Naval Support Activity Mid-South departmental mission statements.

SECURITY DEPARTMENT MISSION

"We are the Naval Support Activity Mid-South Police Department. We provide the NAVSUPACT Mid-South community and all visitors with police, ordnance, and administrative services. These services include crime prevention, education and awareness and access control, force protection, community policing with the common goal of creating a safe and crime-free environment through patrol, mail, phone and centralized dispatch."



MBAA bass fishermen on Pickwick Lake

Local anglers host tournament

The Tennessee West Division of the Military Bass Anglers' Association held its second tournament recently at Pickwick Lake's Goat Island Marina. The local club had a field of 23 participants with MBAA members from Ohio and Minnesota taking part in a good day of fishing.

Blastoff was at safe light and weigh-in was at 3:30 p.m. Winners in the tournament were:

First—Jack Leffingwell, five fish, 7.63 pounds

Second—Terry Tatum, four fish, 7.6 pounds

Third—Tony Callis, five fish, 6.14 pounds

Fourth—Lee Marshall, three fish, 4.95 pounds

Fifth—Bill Mayo, three fish, 4.73 pounds

Big Fish—Richard Powers, 3.36 pounds

Leffingwell caught his fish on Gitzit in shallow water. Tatum used Carolina-rigged lizards in green and brown while fishing in 8-16 feet of water to catch all his fish.

The next MBAA Tennessee West Division tournament is scheduled for May 21 on Kentucky Lake out of Paris Landing. Boaters and non-boaters are welcome. For more information, contact club director Jack Leffingwell, 837-2296.

FRA membership drive increases the local rolls

The Fleet Reserve Association Branch 231 held its April membership drive at the Navy Exchange center plaza and at the Food Court in the Helmsman Club.

The great response of people wanting to get to know more about the FRA and Branch 231 was really heartfelt. There were 12 new members to join and a few others who are transferring from their branch to become active members

of the local.

The FRA 231 wishes to thank the community and Naval Support Activity Mid-South for their continuous support. FRA is always looking for new members to keep the fight up for support of active and retiree benefits, quality-of-life issues and family issues.

For further information, please contact Bob Raspberry, president, at 363-3118.

NAVY-MARINE CORPS RELIEF SOCIETY
VISITING NURSE
PRESENTS:

American Red Cross Courses
"Home Alone" & "Safe On My Own"

Navy-Marine Corps Relief Society Courses
"First Aid For Kids" & "Babysitting Basics"

Parent(s) & Children will be provided with information on the following:

- Assessing and Preparing Your Child for Self-Care
- Important Safety Measures For Children in Self-Care
- Internet Safety Measures
- Basic First Aid
- Basic Babysitting Skills
- Community Resources

Courses for Active Duty/Retired Navy/Marine Corps Personnel with children 11 years old and up are encouraged to attend!

Two Optional Presentations!!

Saturdays May 13th & 28th 9AM to 11AM
Thursdays May 18th & 25th 6:30PM to 8:30PM

For More Information & Registration Call 872-7266

Don't Delay Call Today!
Registration is required due to class size is limited!

**NAVY MID-SOUTH FAMILY FUN
DAY IS SATURDAY, JUNE 10**

MCPON (continued from page 1)

questions affecting the widest range of Navy families.

"It's very important to all four of us panel members to ensure Sailors get the right information," explained MCPON Herdt. "We've got an enormous amount of change occurring throughout the Navy today. Staying up to date with current policies is essential, but it's just as important to help Navy families understand why many of these changes occur."

"My goal for serving this office," said the MCPON, "is that when I advise our Navy's leaders on issues facing Sailors, they see those same Sailors standing right behind me. This show will help me better understand what is on their minds."

The show aired while the fleet master chiefs were in Washington, D.C., with the force and CNO-directed master chiefs for the semi-annual CNOMCPON Senior Enlisted Leadership Panel. The panel is comprised of master chiefs that represent every enlisted Sailor in the Navy.



WHAT DOES THIS MEAN TO YOU?
"Let them know that they are number one."

Submit comments to:
smillican@navsupact-midsouth.navy.mil



Eugene Johnson



Johnson points to the bumper of his restored and remodeled Volkswagen "Thing," which was the basis of the German World War II "Jeep."



"I love airplanes," says Eugene Johnson, 77-year old pilot as he prepares to fly on the 55th anniversary of his first solo flight at the Navy Flying Club.

To some people, flying never gets old

Story and photos by Wayne Smith

Every year, Eugene Johnson, lieutenant colonel, retired Air Force, celebrates three events—his birthday (of which there have been 77), his first flight, and his first solo flight 55 years ago—with a commemorative solo. A veteran pilot of three wars, he takes off unaccompanied from the Navy Flying Club airstrip north of the base, which is convenient since he lives in the local area.

In addition, he also flies as often as he is able at other times in his small, single-engine Cessna 273 just for the joy of the ride.

But his 55-year history as a pilot has not all been a joy ride. There were planes that were sentimental favorites during the war years. He says his pet plane was the C-141 transport, but he also had fun flying a P-51 "Flying Tiger."

At the end of his military career, he flew commercial planes. Now, as he lives his life at a slower pace, he is always ready to recall his first solo and as well as many memorable wartime stories.

Career Day: Navy helps show the way

Photos by NCC Ann Cynkar



Dave Wainwright helps explain some technical concepts to Gardenvue Elementary School students in Memphis. Wainwright is an architectural technician for the Public Works Facilities Planning Officer.



Lieutenant Commander Beth Lin (with hard hat) teaches these students the proper way to read a map. Lin is the resident officer-in-charge of construction for Naval Support Activity Mid-South.



Aviation Boatswain's Mate E (Launching and Recovery) Second Class Howard Logan (left), Navy Recruiting Command, and Hull Maintenance Technician First Class Jodi Hendrix, Navy Personnel Command, help this youngster try on a construction worker's hard hat.

These salads are delicious and complete enough to be served as entrees

By Pam Branch

Chicken Remoulade

1-1/2 quarts water
1 tablespoon each: salt, paprika
8 chicken breast halves
1 cup each: shredded carrots, mayonnaise
1/2 cup chopped celery
1 tablespoon each: minced fresh parsley, chopped green onions, dry mustard, vinegar
2 tablespoons olive oil
2 tablespoons prepared horseradish
1/2 teaspoon Worcestershire sauce
Dash of hot sauce

Combine water and salt in pan; bring to a boil. Add chicken. Return to a boil; cover, reduce heat, and simmer 25-30 minutes. Remove from heat and cool chicken in broth. Drain. Skin, bone, and

cut chicken into bite-size pieces.

Combine chicken, carrots, celery, parsley, and onions in a large bowl; set aside. Combine mayonnaise and remaining ingredients; mix well. Add to chicken mixture; toss gently. Cover and chill at least three hours. Serves 6-8.

THE CUPBOARD

Tuna-Taco Salad

1 (6-1/2-ounce) can solid white tuna, drained and flaked
1/2 cup each: (2 ounces) shredded cheddar cheese, sliced pimiento-stuffed olives, sour cream
3 tablespoons finely chopped onion
1/4 teaspoon garlic powder
3/4 teaspoon chili powder
Lettuce
Avocado slices
Tomato wedges

Paprika
Tortilla chips

Combine tuna, cheese, olives and onion. Combine sour cream, garlic powder and chili powder; add to tuna mixture and toss. Place lettuce leaves on individual salad plates. Spoon tuna mixture on lettuce. Arrange avocado slices and tomato wedges around tuna. Sprinkle with paprika; serve with tortilla chips. Serves four.

Crab Salad

1 pound crabmeat
1/4 cup each: chopped celery, mayonnaise
8 ripe olives, chopped
1 tablespoon chopped onion
1 to 1-1/2 teaspoons prepared mustard
1/8 teaspoon each: salt, white pepper

Combine ingredients; toss to mix. Cover and chill until serving time. Spread on toasted bread or serve on lettuce leaves. Serves 6-8.

Tuna-Pasta Salad

6 ounces spinach or tri-colored spiral pasta
1/2 cup each: sliced green onions, yellow or green pepper strips, sliced ripe olives
1 cup halved cherry tomatoes
1 carrot, scraped and shredded
2 (6-1/2-ounce) cans chunk light tuna, drained and flaked
1/2 cup vegetable oil
3 tablespoons each: white wine vinegar, minced fresh parsley
2 tablespoons lemon juice
1/2 teaspoon salt
1/4 teaspoon pepper
1 green onion, cut into 1-inch pieces
1 large clove garlic, cut in half

Cook pasta according to package directions; drain. Rinse with cold water; drain. Combine pasta and green onion with pepper strips, olives, tomatoes, carrot and tuna. Set aside. Combine oil and remaining ingredients in blender; process until smooth. Pour over salad mixture and toss gently. Cover and chill at least eight hours, stirring occasionally. Serve with slotted spoon. Serves 6-8.

Don't forget to send your favorite recipes to Public Affairs Office, NAVSUPACT Mid-South, building S-455, Room 128, 5722 Integrity Drive, Millington, TN 38054-5045. Inputs may also be e-mailed to branch@navsupact-midsouth.navy.mil. Provide your name, office where you work or relevant information if you're retired, and a daytime phone number where you may be reached if there are any questions.

Promotions, awards, re-enlistments



Lieutenant Commander John F. Meier (left), EA-6B Prowler Placement officer, Navy Personnel Command, receives the Navy and Marine Corps Commendation Medal for meritorious service as Maintenance Officer, Assistant Maintenance Officer and Administration Officer at Electronic Attack Squadron 128. Captain Eric Benson, director, Aviation Officer Assignments, presented the award.



Chief Hospital Corpsman (Surface Warfare/Fleet Marine Force) William Stone (right), Hospital Corpsman NEC detailer, enlisted for two years during a ceremony at the Whitten Building. Rear Admiral James B. Hinkle, commander, Navy Personnel Command, served as the enlisting officer.



Aviation Support Equipment Technician Second Class Jesse J. Wynn (left) is awarded his fifth Good Conduct Medal along with a Letter of Appreciation by Captain Diane L.H. Lofink, commanding officer, Naval Support Activity Mid-South, for his duties while assigned to the Commander, Fleet Air Mediterranean, Naval Surface Group and Commander Maritime Surveillance and Reconnaissance Forces, U.S. Sixth Fleet. While assigned to that command, Wynn served in the Operations Department U.S. Naval Support Activity, Naples, Italy. His performance was instrumental in the Operations Dept.'s ability to handle 2,876 U.S. Army, Navy, Air Force and NATO aircraft moving 4.6 million pounds of cargo and 14,200 passengers. He also played a key role in the NATO Operations: ALLIED FORCE, JOINT FORCE, ALLIED HARBOR, SUSTAIN HOPE, and NOBLE ANVIL, as well as several others taking place in the former Republic of Yugoslavia and elsewhere in the Balkan region. Wynn is assigned presently as Webmaster for Public Affairs, NAVSUPACT Mid-South.



Signalman Second Class James T. Harris III (right) is awarded the Navy and Marine Corps Achievement Medal for the superior performance of his duties as a signalman aboard the USS Eliot Morison (FFG 13) from May 1997 to October 1999. Harris cross-trained and qualified as Quartermaster of the Watch during Marcot 1/97 and Great Lakes Deployment 98 where he expertly transmitted and safeguarded visual communications traffic. Harris is presently assigned to Naval Support Activity Mid-South Security Department. Presenting the award is Captain Diane L.H. Lofink, commanding officer, NAVSUPACT Mid-South.



Chief Signalman (Surface Warfare) Ronald C. Matous (right), Signalman detailer at Navy Personnel Command, receives the Navy and Marine Corps Achievement Medal for superior performance as Underway Instructor at Afloat Training Group, Middle Pacific. Commander David Ruedi, head, Administration, Deck and Supply Rating Assignment Branch, presented the award to Matous.



Lieutenant Brett E. Crozier (left), Initial Helicopter Shore Detailer, received the Navy and Marine Corps Commendation Medal April 20, for meritorious service during his tour at Navy Personnel Command. Captain Eric Benson, director, Aviation Officer Assignments, presented the award.



Commander Gary Thompson (left), executive officer, and Captain Diane L.H. Lofink (right), commanding officer, Naval Support Activity Mid-South, pin on the collar devices for newly frocked Senior Chief Yeoman Ernest Parker. Parker is the Admin Officer for NAVSUPACT Mid-South.



Lieutenant Stephen R. Polk (left), Initial Assignment Officer and General Aviation detailer, received the Navy and Marine Corps Commendation Medal April 20, for meritorious service during his tour at Navy Personnel Command. Captain Eric Benson, Director, Aviation Officer Assignments, presented the award.



Fire Control Technician Senior Chief (Surface Warfare) Darrel X. Nickens cuts his enlistment cake following his oath of enlistment being taken from Lieutenant Commander Carolyn R. Owens, Manpower Analyst at NAVMAC enlisted for four more years in the Navy.

'Give 'em the Pickle'



Ms. Cynthia Olson, Budget Analyst, Financial Control Branch (PERS-02120): She assisted various members of PERS-015 who encountered problems associated with the training budget. Although most of the problems were not under her cognizance, she always went the extra mile to ensure the problems were resolved.



Yeoman First Class (Surface Warfare) Richard Roddy, Yeoman (E1-E4) Detailer (PERS-405CD3): He reviewed his files for first-term E1-E4 Yeomen who had elected to separate at the end of their enlistment and found 8 Yeomen who reconsidered and stayed Navy. Additionally, he nominated six more Yeomen to become recruiters who were undecided on whether to stay Navy. Bottomline—he helped retain 14 Yeomen at a time when we need to retain personnel.



Lieutenant Donna Jefcoat, Graduate Medical Education Assignments (PERS-4415P): A constituent of hers took the time to E-Mail NPC with the following comments: "...she was able to answer every question...provide points of contact...and was polite, professional and very knowledgeable." They also said, "I have not had a detailer work as efficiently and professionally as Jefcoat...she is doing and outstanding job and is greatly appreciated by her clients." Keep up the great work.



Lieutenant Commander Anne Swap, Medical Service Corps/Health Care Administrator Junior Officer (PERS-4415IA): She took the initiative to identify all officers in the Medical Service Corps who improperly received a "5.0" grade in "tactical performance" on their fitness reports, notified PERS-311 of the error, and, working with all responsible PERS codes, took all steps necessary to remedy the problem.



Mr. Linden Butler, Educational Program Specialist (PERS-604B4): Within one day of receiving an E-Mail about a former Sailor's problem with his Navy College Fund, he quickly contacted the VA and corrected the problem. Days later he received another E-Mail from the same Sailor with another problem with the VA regarding the amount of money he was to be receiving from the NCF. Linden went into action again and contacted the VA and straightened out the problem immediately. The E-Mail we received went on to say, "this is the quickest response I have ever had from a government agency and Linden's efforts have much to do with it."